

THE ISLAMIC SOLUTION FOR PREVENTION

This year (on 1 Dec 2013): the theme of World Aids Day is:

SHARING RESPONSIBILITY: STRENGTHENING RESULTS FOR AN AIDS FREE GENERATION

LATEST FACTS AND FIGURES:

IN THE WORLD

- 35.3 million are infected with HIV/AIDS in the world...2/3 are in Subsahara Africa Since it started, more than 60 million were infected.
- 36 million died from AIDS
- 3.3 million children are infected

Ref: WHO

IN THE UK:

- More than 96 000 are infected in Britain.
- 40 100 because of homosexual sex....8100 are undiagnosed.
- 22 000 are infected with the virus and do not know it, they are not tested and not diagnosed ?They pass the infections to others.???
- In 2011 :6280 new cases were diagnosed.
- 2.1 million HIV test were done in England alone.
- 600 people died from AIDS about a year ago

THE VIRUS:

A retrovirus and is called HIV(Human Immune deficiency Virus)

It lives only in fluid and will die on dry surface

It is present in semen(sexual secretion of man),in the Vaginal secretion of woman,in blood,in Saliva/mouth(oral sex).

The virus infects the cells of the Immune defence system.

AIDS stand for Acquired Immune Deficiency Syndrome...The Syndrome takes years to manifest after having the infection with the virus(HIV)

HIV/AIDS was discovered first in 1981 in Los Angeles in the US among homosexuals

The virus DESTROYS the natural immune defence system of the body, leading to many opportunistic infections which invade the human body.

Any small infection after, will destroy you

The infected person can infect others (wife, child, others)

THE INCUBATION PERIOD:

It will take up to 10 years for the disease to become clearly manifested..during this period symptoms may not appear.

THE COMMON CAUSES OF HIV/AIDS INFECTION AND HOW ISLAM HAS PREVENTED MOST OF IT.

-99% of the infections do result from immoral haram sexual behaviour:

Zina/adultery/fornication/immoral sex/prostitutes/girl friend-boyfriend..... from an infected person (immoral vaginal,anal sex) (all forbidden in Islam).

Unfortunately we do have today some Muslim men/husbands and some Muslim youth/sons who got the HIV virus because of Zina.

It is very important to get them DIAGNOSED quickly before they do infect the wife/children during sexual relation with wife and pregnancy.

Zina/adultery can bring also more than 20 sexually transmitted diseases, apart from AIDS!

-Anal intercourse/homosexual sexual relation(forbidden in Islam)

-Sharing needles/syringes for injection among drug addicts, when one person is infected
Taking drugs(Heroin, Morphine, Cocaine, LSD...) (is forbidden in Islam).
Unfortunately, we have many Muslims today ,especially some youth, who take illegal drugs and are addicted to it.

Some other causes for getting HIV/Aids infection:

- Blood transfusion, if not clean and not sterilised, more risk in third world poor countries
- The infected husband giving it to his wife after committing adultery/Zina with an infected woman/prostitute Or the infected wife giving it to her husband, after committing Zina/adultery with another infected man
- The infected wife giving it to her child, during pregnancy, birth and in some breastfeeding

Rarely:

From the infected unclean razor blade in the barber shop

Any razor blade should be used once to be disposed after.

From an unsterilised medical instrument which carries the HIV virus, used during a surgical operation or in dental treatment(cut/blood) or in circumcision

Infection with Tuberculosis is linked to HIV/AIDS infection.

SYMPTOMS/SIGNS

- Chest complaints, pneumonia and more infection with Tuberculosis

- Parasitic and fungal infections
- Flu-like symptoms: Cough, fever...
- Loss of weight/Wasting
- Gastrointestinal(Diarrhea, oesophagitis, tumours..)
- Kaposi sarcoma/Skin tumours
- Neurological and Psychiatric problems

TESTS

It is very important to do some tests, by finding the antibodies of the virus in the blood, especially after doing any of the Haram/forbidden causes of infection(Adultery, anal intercourse...).

Repeated test can be done after 3 months ,as sometimes the test may not show the infection the virus yet.

It is very advisable for pregnant woman to have the test early in pregnancy and to test both man and woman before marriage.

There could be many Muslims who are infected with the virus and do not know about it? .

Those who went astray and committed any haram practice or Zina, should have the test quickly before they infect their wives/husbands.

The GP/family doctor can organise easily the test for any one

Testing can be done in confidentiality or in private clinic.

TREATMENT:

There is no treatment for HIV/AIDS infection and there is no cure, AIDS is a killer disease!

However there are some Antiretrovirus drugs which can be used to stabilise the symptoms,reduce infections and delay perhaps some deaths.

But Millions of poor people who are infected by HIV/AIDS are not having the medicine or any treatment?

PRIMARY PREVENTION IS THE BEST STRATEGY TO ADOPT, AS IT WILL SAVE A LOT OF LIVES AND A HUGE FINANCIAL BILL

By practicing Islam: Chastity/Abstinence before marriage and fidelity in marriage and by avoiding all haram risky behaviour (Zina/adultery, anal intercourse/practicing homosexual anal intercourse, taking haram illegal drugs...)

Avoiding oral sex will help too, when one is infected and have a cut or bruise, to avoid HIV/AIDS infections

ALL THESE PRESCRIBED PROHIBITED ACTIONS/BEHAVIOUR WILL AVOID US ABOUT 99% OF HIV/AIDS infections.

Hence the great role of Islam in the prevention of most HIV/AIDS infections.

More, the Prophet Muhammad (pbuh) has predicted before in a well known Hadith/Saying that NEW DISEASES will occur when Zina/adultery and sexual immorality are widespread as it is today!

On top of all that, there is a great bonus of health, for the prevention of a large number of cases of HIV/AIDS infections, from our beloved physician and teacher Sayyidna Muhammad(peace be upon him),who asked us more than 1400 years ago to CIRCUMCISE OUR BOYS:

The World Health Organisation(WHO) has announced about 3 years ago,after doing repeated medical studies in Africa, AND ASKED ALL THE WORLD:

TO CIRCUMCISE ALL BOYS AND MEN IN THE WORLD TO AVOID 60% OF HIV/AIDS INFECTION.....!!!

About a year ago:10 new medical studies have given the same message on Circumcision as the WHO. What a great healthy Sunnah and contribution from the final Prophet Muhammad (pbuh) to mankind.. Two years ago, year: President Obama in the US announced that he has allocated a special budget to CIRCUMCISE 5 million people in Africa!
Also the US Congress in 2008 allocated a budget of \$48 billion dollars for 5 years for HIV/AIDS infections. Many people do not know that any patient infected with HIV/AIDS will cost us over £100 000 in order to look after him/her during his/her life!
No doubt Islam is very ECONOMIC too, when practiced and will save us trillions of pounds!
ALHAMDULILLAH FOR THE GREAT HEALTH GIFT OF ISLAM !

May ALLAH protect our children, our youth, our husbands, our wives and all Muslims from any HIV/AIDS infections...Ameen

Some Websites on HIV/AIDS:

www.who.int

www.worldaidsday.org

www.worldaidscampaign.org

www.unaids.org

www.aids.gov

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